



where to dine **VEGAN**

in Orland and Chico

2010

Vegan Dining in Chico (30 miles east of Farm Sanctuary)

Aca Taco – Rice, black beans and refried beans are all vegan at this taquería. Tofu is offered every Tuesday and Thursday. 133 Broadway St., 530-894-0191, \$-\$\$.

Bustolini's Deli & Coffee House – Offering vegan soups, salads, sides, sandwiches, and even sweets! 800 Broadway St., 530-892-1790, \$-\$\$.

Café Coda – A restaurant, music venue and art gallery, Café Coda offers a nice tofu scramble for breakfast and Mediterranean-inspired appetizers in the evening. An extensive wine, tea and exotic beverage selection is also available. 265 Humboldt Ave., 530-566-9476, \$\$-\$\$\$.

Chada Thai – Offering a variety of vegan-friendly appetizers and entrees, including yellow curry tofu and pad gra pao. 117 W. Second St. #B, 530-342-7121, \$\$-\$\$\$.

Chico Natural Foods – A community-owned cooperative, Chico Natural Foods boasts a terrific deli case featuring vegan sandwiches, salads, soups, and other fresh, healthy snacks. A wide range of organic produce and natural foods is also available. 818 Main St., 530-891-1713, \$-\$\$.

Gen Kai – Intimate and charming, Gen Kai offers vegan sushi options. Located in the Almond Orchard Shopping Center. 2201 Pillsbury Rd., 530-345-7226, \$\$-\$\$\$.

Grilla Bites – Very vegan-friendly and hip, Grilla Bites provides deli-style sandwiches ranging from curry tofu to tempeh burgers. Daily soups and an organic salad bar are also available. Vegan brunch is offered on Sunday. 196 Cohasset Rd., 530-343-4876, \$\$\$.

Hula's Chinese Bar-B-Q – Offering an impressive assortment of fresh vegetables, tofu and delectable sauces, Hula's allows patrons to create personalized Mongolian dishes. 1937 E. 20th St. #B, 530-342-6304 and 2540 Esplanade #10, 530-342-8564, \$\$-\$\$\$.

Peeking Chinese Restaurant – Welcoming and accommodating, Peeking is a tried and true favorite of vegan locals and offers an extensive vegan menu featuring faux chicken and beef, tofu and vegetables. 243 W. Second St. #4, 530-895-3888, \$\$.

S&S Produce – Independent grocery store with fresh local produce, natural and bulk foods sections and deli featuring fair-trade coffee, bagels and tempeh burgers. 1924 Mangrove Ave., 530-343-4930, \$-\$\$.

Speedy Burrito – Upon request, this down-to-earth Mexican restaurant offers several delicious and satisfying vegan burritos, tacos and other entrees. Make sure to request brown rice. 1031 Nord Ave., 530-896-0141, \$-\$\$.

Star of India – Broad selection of vegetarian options, of which many can be made vegan. Located adjacent to the Holiday Inn. 685 Manzanita Ct., 530-892-1500, \$\$.

Sultan's Bistro – Fast and casual, this Mediterranean joint features veggie wraps, falafel, gyros, salads, and a tempeh burger, all of which can be made vegan upon request. 300 Broadway St., 530-345-7455, \$\$.

T. – An Asian tea bar and fusion cafe, T. is well-known for its tofu wraps and salads. 250 Vallombrosa Ave., 530-895-8100, \$\$-\$\$\$.

Thai Basil – Warm and cozy, Thai Basil boasts savory vegan-friendly appetizers and entrees including curry, rice and noodle dishes. 121 Broadway St., 530-343-6843, \$\$-\$\$\$.

Trader Joe's – This health food store carries pre-packaged vegan sandwiches, salads and spreads. Located in the North Valley Plaza. 801 East Ave., 530-343-9920, \$-\$\$.

Vegan Dining in Orland (nine miles east of Farm Sanctuary)

Alta Maria Bakery – Alta Maria Bakery offers vegan sandwiches on homemade bread and often serves veggie soup. Ask the baker which turnovers and pinwheels in the case are vegan. Whole vegan cakes and pies may be requested in advance. 807 Fourth St., 530-865-1577, \$\$.

The Berry Patch – Offering a few vegan-friendly options upon request, The Berry Patch serves oatmeal for breakfast and a veggie burger and salad for lunch. 900 Newville Rd., 530-865-8484, \$.

City Gates Restaurant – Orland's newest restaurant offers sandwiches, pastas and salads that can be veganized for both lunch and dinner. Organic, fair-trade coffee available in the mornings. 1165 Hoff Way, 530-865-2611. \$\$

Farwood Bar & Grill – With advance reservations, Farwood can offer a full vegan menu, including a variety of salads and pasta dishes. Make sure to try the avocado fries! 705 Fifth St., 530-865-9900. \$\$-\$\$\$

La Corona – A friendly Mexican restaurant, La Corona offers complimentary chips and salsa and vegan burritos upon request. 1002 Sixth St., 530-865-4300, \$.

Pizza Factory – Delicious and vegan-friendly, the Pizza Factory can make cheese-free pizzas and calzones, as well as spaghetti. An all-you-can-eat salad bar is available. 1006 South St. (located in the Stony Creek Center), 530-865-4747, \$.

Sav Mor – A commercial grocery store, Sav Mor sells frozen, refrigerated, canned, and boxed vegan products. 32 E. Walker St., 530-865-5521, \$-\$\$.

Uncle Chong's – This Chinese restaurant offers a variety of vegetable and bean curd-based vegan dishes upon request. 647 E. Walker St., 530-865-5521, \$.

Cost Guide: \$ = about \$5/meal \$\$ = \$5-\$10/meal \$\$\$ = more than \$10/meal

Please note that these restaurants are not exclusively vegetarian or vegan.

To guarantee a vegan meal, please inform your server. Menus are subject to change at any time.

Thank you for supporting vegan options in our local community!

Please don't forget to mention that you're visiting Farm Sanctuary! It shows area merchants that we are an asset to the community and that our visitors care about compassionate dining, which encourages merchants to offer more vegan items.



farmsanctuary
rescue • education • advocacy

Farm Sanctuary operates a 300-acre animal shelter in Orland that provides a home for hundreds of rescued pigs, turkeys, goats, cows, and other farm animals. Farm Sanctuary works to end cruelty to farm animals and promotes compassionate living through rescue, education and advocacy.

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